

F. No. 020/TRG/002
Central Vigilance Commission
Capacity Building Unit

Dated: 22.10.2024

Sub: - National Learning Week - Regarding

A week long learning campaign titled कर्मयोगी सप्ताह – National Learning Week from 19th October to 25th October 2024 has been launched by DoPT and Capacity Building Commission (CBC). The objective of this Learning Week is to catalyse competency building for civil servants, with each civil servant expected to complete 4 hours of competency-linked learning during the Learning Week.

2. Each civil servant will learn through different forms of engagements such as, undertaking courses from recommended list of courses on iGOT platform, attending Public Lectures/ Policy Masterclass (Webinars) by renowned experts, leaders and development practitioner organized by CBC/iGOT.

3. All employees of the Commission are requested to kindly participate in कर्मयोगी सप्ताह – National Learning Week by undertaking courses to complete 4 hours of learning. A course recommendation list for National Learning Week is enclosed for ready reference. These courses are available on iGOT platform. Webinars by renowned experts may also be attended by going to portal link:

<https://portal.igotkarmayogi.gov.in/app/event-hub/home>



Nitin Kumar
Joint Secretary

Copy to: All employees of Central Vigilance Commission

Copy also to:

O/o CVC

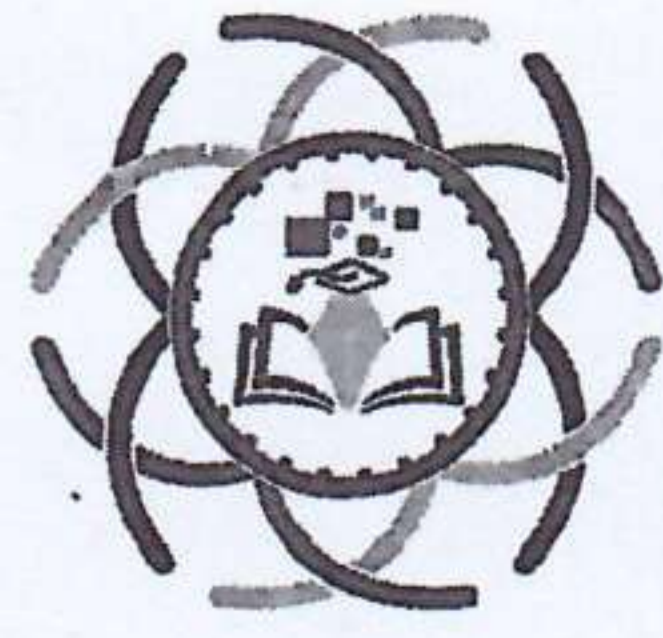
O/o VC (ASR)

O/o Secretary, CVC

O/o AS (AKK), O/o AS (ACS), O/o AS (YS), O/o AS (SK)

O/o CTE (SS), O/o CTE (AK)

IT Section for uploading on the Commission's website



कर्मयोगी सप्ताह
NATIONAL LEARNING WEEK

COURSE RECOMMENDATION LIST FOR NLW 2024

OCTOBER 2024

COURSE RECOMMENDATIONS FOR JS ABOVE (FUNCTIONAL)

No.	Course Name	Duration	Provider	Hindi Version Available
1.	Public Policy and the VUCA World	2 hr 7 mins	Indian Institute of Public Administration	
2.	Digital Personal Data Protection Act, 2023: An Overview	1 hr 12 mins	Karmayogi Bharat	
3.	Public Policy Writing	2 hr 45 mins	Indian School of Public Policy	
4.	Gen AI for Everyone	2 hrs 49 mins	Fractal	
5.	Data Storytelling	2 hrs 49 mins	Fractal	
6.	Introduction to Emerging Technologies	2 hr 20 mins	Capacity Building Commission	
7.	Finance for Non-finance professionals (FNFP)	55 mins	NSE Academy Ltd	
8.	Public - Private Partnership	1 hr 50 mins	ISB Hyderabad	
9.	Jan Bhagidari Program	1 hr 20 mins	Illumine Knowledge Resources	
10.	ChatGPT and Generative AI tools for Government Officials	1 hr	Wadhvani Foundation	
11.	Delegation of power in day-to-day Administration	1 hr 25 mins	ISTM	
12.	Mission Karmayogi	1 hr	Karmayogi Bharat	
13.	Viksit Bharat	1 hr	Niti Aayog	
14.	Cyber Security	2 hr 58 min	UpGrad	
15.	Design Thinking	1 hr 55 min	Capacity Building Commission	
16.	Fundamentals of Program and Project Management	9 hr 5 min	Quality Council of India	
17.	Leading the Karmayogi Way	2 hr 15 min	Totally Aligned Organization	

Some more of these courses will be available in Hindi, 19th October 2024 onwards.

COURSE RECOMMENDATIONS FOR JS AND ABOVE (BEHAVIORAL)

No.	Course Name	Duration	Provider	Hindi Version Available
1.	Speaking Effectively	5 hrs 14 mins	Harappa Education	
2.	Structuring Problems	2 hrs 37 mins	Harappa Education	
3.	Purpose-Driven Leadership	1 hr 55 mins	ISB Hyderabad	
4.	Human Decision Making and its Biases	2 hrs 18 mins	Fractal	
5.	Structured Approach to Problem Solving	3 hrs 8 mins	Fractal	
6.	Team Building	1 hr 25 mins	DoPT	
7.	Effective Techniques To Manage Stress	2 hr 6 mins	The Art of Living	
8.	Critical Thinking	1 hr 51 mins	ISB Hyderabad	
9.	Workplace Wellbeing	1 hr 2 mins	Harappa Education	
10.	Managing and Leading Teams	1 hr 40 mins	ISB Hyderabad	
11.	Negotiation	3 hr 45 mins	ISB Hyderabad	
12.	Communication for Citizen-Centricity	1 hr 35 mins	DoPT	
13.	Meditation -Principles and Practices	49 mins	National Academy of Defence Production (NADP) Nagpur	
14.	Overview of gender sensitization	1 hr 31 mins	Department of Posts	
15.	POSH	1 hr 51 min	ISTM	
16.	Gender Sensitization Part-1	1 hr 51 min	ISTM	
17.	Gender Sensitization Part-2	50 min	ISTM	

Some more of these courses will be available in Hindi, 19th October 2024 onwards.

COURSE RECOMMENDATIONS FOR DIRECTOR/DS AND UPTO JS (FUNCTIONAL)

No.	Course Name	Duration	Provider	Hindi Version Available
1.	Public Policy and the VUCA World	2 hr 7 mins	Indian Institute of Public Administration	
2.	Digital Personal Data Protection Act, 2023: An Overview	1 hr 12 mins	Karmayogi Bharat	
3.	Public Policy Writing	2 hr 45 mins	Indian School of Public Policy	
4.	Gen AI for Everyone	2 hrs 49 mins	Fractal	
5.	Introduction to Emerging Technologies	2 hr 20 mins	Capacity Building Commission	
6.	Finance for Non-finance professionals (FNFP)	55 mins	NSE Academy Ltd	
7.	Jan Bhagidari Program	1 hr 20 mins	illumine Knowledge Resources	
8.	ChatGPT and Generative AI tools for Government Officials	1 hr	Wadhvani Foundation	
9.	Mission Karmayogi	1 hr	Karmayogi Bharat	
10.	Viksit Bharat	1 hr	Niti Aayog	
11.	Cyber Security	2 hr 56 min	UpGrad	
12.	Design Thinking	1 hr 55 min	Capacity Building Commission	
13.	Leading the Karmayogi Way	2 hr 15 min	Totally Aligned Organization	
14.	Preparation for Cabinet Notes	5 hr 10 min	ISTM	

Some more of these courses will be available in Hindi, 19th October 2024 onwards.

COURSE RECOMMENDATIONS FOR DIRECTOR/DS AND UPTO JS (BEHAVIORAL)

No.	Course Name	Duration	Provider	Hindi Version Available
1.	Responsible Data Management	1 hr 58 mins	DataDotOrg	
2.	Viksit Bharat	1 hr	Niti Aayog	
3.	POSH	1 hr 25 mins	ISTM	
4.	Noting And Drafting	2 hr 6 mins	ISTM	
5.	Gen AI for Everyone	2 hr 49 mins	Fractal	
6.	Stress Management	1 hr 54 mins	Indian Institute of Public Administrations	
7.	Basics of Communications	1 hr 10 mins	IIMC	
8.	Yoga : Pranayama	36 mins	Morarji Desai National Institute of Yoga	
9.	Digital Literacy	2 hr 6 mins	BSNL	
10.	Meditation - Principles and Practices	49 mins	National Academy of Defence Production (NADP) Nagpur	
11.	Cyber Security	2 hr 56 min	UpGrad	
12.	ChatGPT and Generative AI tools for Government Officials	1 hr	Wadhvani Foundation	
13.	Finance for Non-Finance Professionals (FNFP)	55 min	NSE Academy	
14.	Public - Private Partnership	1 hr 50 mins	ISB Hyderabad	

Some more of these courses will be available in Hindi, 19th October 2024 onwards.

COURSE RECOMMENDATIONS FOR ASO AND UPTO US (FUNCTIONAL)

No.	Course Name	Duration	Provider	Hindi Version Available
1.	Digital Personal Data Protection Act, 2023: An Overview	1 hr 12 mins	Karmayogi Bharat	
2.	Public Policy Writing	2 hr 45 mins	Indian School of Public Policy	
3.	Gen AI for Everyone	2 hrs 49 mins	Fractal	
4.	Introduction to Emerging Technologies	2 hr 20 mins	Capacity Building Commission	
5.	Finance for Non-finance professionals (FNFP)	55 mins	NSE Academy Ltd	
6.	Jan Bhagidari Program	1 hr 20 mins	Illumine Knowledge Resources	
7.	ChatGPT and Generative AI tools for Government Officials	1 hr	Wadhvani Foundation	
8.	Mission Karmayogi	1 hr	Karmayogi Bharat	
9.	Viksit Bharat	1 hr	Niti Aayog	
10.	Cyber Security	2 hr 56 min	UpGrad	
11.	Design Thinking	1 hr 55 min	Capacity Building Commission	
12.	Fundamentals of Program and Project Management	9 hr 5 min	Quality Council of India	
13.	Leading the Karmayogi Way	2 hr 15 min	Totally Aligned Organization	

Some more of these courses will be available in Hindi, 19th October 2024 onwards.

COURSE RECOMMENDATIONS FOR MTS

No.	Course Name	Duration	Provider	Hindi Version Available
1.	नींद की प्रक्रिया, नींद की कमी से हानि और योग की भूमिका	58 min	Sashastra Seema Bal (SSB)	
2.	स्वस्थ जीवन कैसे जिंएं	1 hr 18 min	Sashastra Seema Bal (SSB)	
3.	Jan Bhagidari Program	1 hr 20 min	Illumine Knowledge Resources	
4.	सामान्य योग अभ्यासक्रम	54 min	Morarji Desai National Institute of Yoga (MDNIY)	
5.	Mess Etiquettes and Table Manners	45 min	Sashastra Seema Bal (SSB)	
6.	Leave Rules	45 min	Institute of Secretariat Training and Management	
7.	आरक्षण नीति - नौकरी में आरक्षण	2 hr 55 min	Institute of Secretariat Training and Management	
8.	Multi Tasking Karmayogi - Prarambh	3 hr 40 min	Department of Posts	
9.	Cyber Security Basics	2 hr 22 min	Microsoft	
10.	Meditation - Principles and Practices	49 min	National Academy of Defence Production	
11.	Training Module on Swachata Hi Seva	20 min	Ministry of Housing and Urban Affairs	
12.	Basic Computer Course for New Entrants	36 min 41 sec	Sashastra Seema Bal (SSB)	

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COURSE RECOMMENDATIONS FOR ALL

No.	Course Name	Duration	Provider	Hindi Version Available
1.	स्वस्थ जीवन कैसे जिंएं	1 hr 18 min	Sashastra Seema Bal (SSB)	
2.	Basics of Communication	1 hr 10 mins	Indian Institute of Mass Communication (IIMC)	
3.	Responsible Data Management	1 hr 58 mins	DataDotOrg	
4.	Fundamentals of Computer Systems and Internet Technologies	2 hr 17 mins	National Institute of Electronics and Information Technology - NIELIT (formerly DOEACC Society)	
5.	Office Procedure - Updated	2 hr 17 mins	Institute of Secretariat Training and Management	
6.	Mission Karmayogi Guidelines	1 hr 30 mins	Institute of Secretariat Training and Management	
7.	Overview of gender sensitization	1 hr 31 mins	Department of Posts	
8.	कंप्यूटर से संबंधित स्वास्थ्य समस्याएँ	1 hr 35 mins	Sashastra Seema Bal (SSB)	
9.	Jan Bhagidari Program	1 hr 20 mins	Illumine Knowledge Resources	
10.	Mission Karmayogi	1 hr	Karmayogi Bharat	
11.	Viksit Bharat	1 hr	Niti Aayog	
12.	POSH	1 hr 25 mins	ISTM	
13.	Yoga: Pranayama	36 mins	Morarji Desai National Institute of Yoga	
14.	Stress Management	25 min	DoPT	
15.	Leading the Karmayogi Way	2 hr 15 min	Totally Aligned Organization	

Some more of these courses will be available in Hindi, 19th October 2024 onwards.